



STEVE JACK
MIND · BODY · ENERGY

Mind-Body-Energy Leadership Immersion

Developing the Leaders of Tomorrow

www.steve-jack.com



STEVE JACK
MIND · BODY · ENERGY

Welcome to a World of Possibility

Have you ever thought you were capable of so much more?
Would you like to learn how to work with energy?
Do you feel like you are stuck somewhere and can't figure out how to move
Would you like to take your career and life up a level?
Have you got your sights set on something remarkable but are frustrated that
you are not quite getting there?
Ever known in your heart that you were destined to do something truly great?

So What is the Mind-Body-Energy Leadership Immersion

The MBE-Leadership is a program that merges ancient wisdom with modern science, and explores eastern philosophy through a western lens and packages it a usable way so that you may apply the principles and use the tools for the immediate benefit of your own life and the lives of others who you choose to influence.

It's cutting edge exploration of the inner workings of the human mind, human body, and human energy field that take you on a deep exploration of your untapped human potential. Using ancient and modern clearing and healing techniques you will learn to identify patterns, shift deep rooted subconscious energy blocks and rewire your brain for success.

It is both a technical program in that it gives participants tools for personal growth, but also tactical in that it focuses on professional development and the creation of what Manuel Manga has termed Evolutionary Leaders.



STEVE JACK

MIND · BODY · ENERGY

So what is Evolutionary Leadership?

An evolutionary leader is a multi-dimensional leader, who has learned from the new sciences and from the new disciplines to develop a new worldview. This new worldview is an evolutionary perspective about sustainability regarding People, Planet, and Profit. Evolutionary leaders have the ability to think past their personal or organizational viewpoint and by their actions are able to bring out the best in people, make personal and organizational decisions that are congruent with obtaining a sustainable global civilization, yet can still deliver profit.

Evolutionary Leaders:

- Have a global outlook and perspective
- Promote visions of a better world
- Have emotional, ecological, commercial, and systems intelligence
- Understand the power of language for mobilizing people to action

Traditionally Leadership has been located at the top of the organization which did all the thinking and had all the answers for the organization, and the bottom implemented the thinking and did all the labor, without much thinking or input into the structure or processes. Today the rules have changed, never before has ONE person had so much power to create a movement, start a following, create change regardless of their social or organizational position. The internet empowers individuals with the ability of connecting to others to share ideas. The power to mobilize people and create action comes about when people get a sense of congruency in your intention, ideas and behaviors, which are in alignment with their own. These very people are waiting to be led, will it be you that leads them?



STEVE JACK

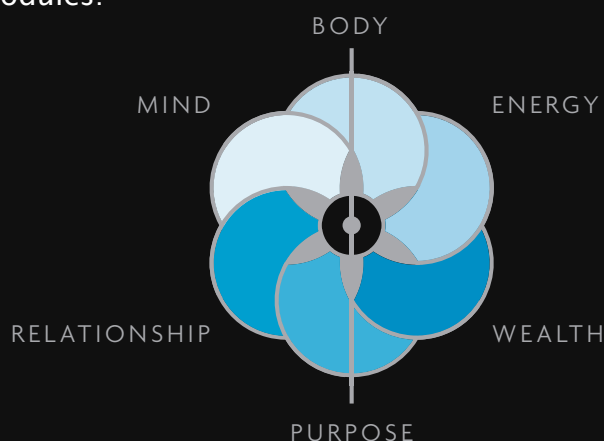
MIND · BODY · ENERGY

Who is the Program for?

It's great for Coaches, Personal Trainers, Therapists, Educators, and Managers as it is filled with behavioral change tools, practical applications and take home techniques that harness the latest in quantum science to create accelerated deep lasting change.

What do you Learn in MBE-Leadership Level One?

The first Level is a journey of Personal Self Discovery as you deepen and investigate who you are in relationship with yourself. Utilizing the MBE Model as your journey you investigate seven key modules:



Mind Learn how to master your mind to create your life's vision, learn how to remove deep subconscious limiting beliefs that hold you back from fulfilling your potential, explore the brain of the heart, and investigate the psychology of change, explore evolutionary growth strategies.

Body Uncover how the bodies fascia system unifies the body and is responsible for movement, develop mobilising and movement routines that use the fascia network to reduce pain and improve movement, learn how the body stores trapped emotions in the tissues and meridians and how to release them, and create your own movement templates.

Energy Explore research on the universal energy field. Explore the first three levels of your own energy field (aura) and investigate the first 3 chakra's as a metaphor for personal inquiry. Learn how to develop quantum goal mastery, and understand your own energy system and how you defend using emotional reactions under stress.

Purpose: Uncover your souls longing, explore your divine gifts, talents and focus them into your vision for your life's work, learn how to package yourself as passionate specialist that stands out from the crowd.

Relationships: Explore how relationships are the corner stone of success, learn how to cultivate lifeline relationships (relationships that create success and won't let you fail), and how to develop a following and build a tribe that will follow your passion and vision.

Wealth: Learn how to ride the income elevator to move through the stages of financial freedom, develop your commercial intelligence, understand how to commercially package your intellectual property, explore your delivery modalities that will diversify your income, learn to become high tech yet high touch, and set up your very own business portal that forms the basis for your commercial activities.



STEVE JACK
MIND · BODY · ENERGY

Each day in the MBE Leadership immersion we explore a chakra to investigate our internal territory and deepen our understanding and connection of who we truly are and what we are born to do:

Day One: First Chakra – Physical Body. Theme – Stability

In an ever changing fast moving world how do you get a sense of stability when things are moving a such a pace that the only certainty is change. Explore the first level of the human energy field, and learn how to keep your energy grounded and in connection with the earth in these rapidly evolving times. Develop your core values which act as your compass bearings and never change no matter the territory which will anchor you into a new sense of stability in life.

Day Two: Second Chakra – Emotional Body. Theme – Creativity

Explore the second level of the human energy field and how emotions drive behavior, how emotions get stored in the tissues and can create energetic blocks if they don't get dealt with and hold you back from achieving your goals. Learn clearing techniques that release deep lying emotional blockages that clog your energy field and prevent you from achieving break through results. Learn how to release the enormous power of creativity located in your second chakra to bring your life's work to fruition.

Day Three: Third Chakra – Mental Body. Theme – Identity

Uncover your personal power through cultivating a clear sense of identity through your vision and mission inquiry, develop your very own personal brand identity. Experience the third level of the field and how to harness your powerful mental energy to create the powerful shift's and results from the ideas in your head.

氣愛和



STEVE JACK
MIND · BODY · ENERGY

What is the overall MBE–Leadership Certification Journey?

The MBE Leadership Certification is a five stage journey designed to give participants the time to integrate the skills and work, build their business, intellectual property and social position, so that are ready to step into the next stage of their personal growth and expanded Leadership position.

Level One – The journey into the self – Who I am in relationship with myself? Developing your life’s vision and mission, understanding energy dynamics and consciousness and developing the principle’s of success.

Level Two – The journey into the other – Who I am in relationship to others? Healing and developing your relationship with others, mastering communication modalities, sharing the vision, and investigating accelerated behavioral change skills for transforming others.

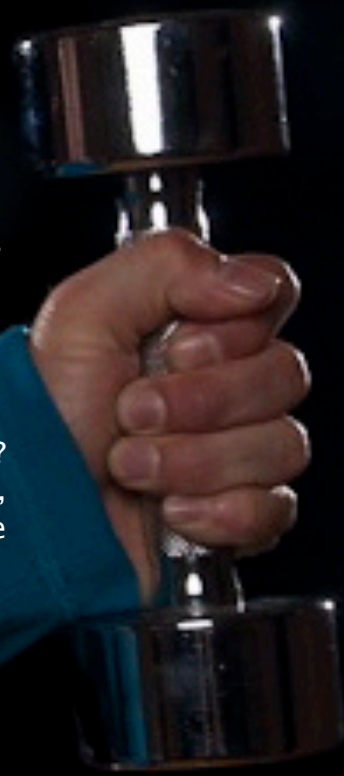
Level Three – The journey into spirit – Who am I in relationship to the divine? Developing your connection to the divine, letting go and surrendering the dream, recognizing the divine perfection in all things. Learning how to maximize the productivity of groups, leveraging your position to accelerate you mission.

Level Four – Integrating the whole – Developing your energy healing and coaching skills for life, moving into mentoring, crafting your message and developing your speaking and presentation skills.

Level Five – Certification – Developing your healing and facilitation skills for life, becoming certified to lead your own mind–body–energy retreats, and corporate programs.

Do I have to do the whole program?

No program is complete in each stage in itself, the levels just build upon the territory covered. The program is designed to be flexible so that you may get what you need at the right stage and time of your personal journey, enormous growth and positive change comes out of simply doing level one, how far into the program you go is over to you.





STEVE JACK
MIND · BODY · ENERGY

MBE–Leadership Retreat

After several visits to Canada Steve is pleased to be bringing his Mind–Body–Energy Leadership program to the Canadian market, don't miss this limited opportunity to see Steve in action and advance your personal and professional development. It is a retreat format in that you will stay on site, with all accommodation and delicious organic food catered for and included in the price. Program will include morning meditation and movement so come prepared accordingly as we build the rhythms and habits that form the building blocks of success.

Where and When:

Dates: March 5 – 7th

Location: Crieff Hills Retreat Lodge

About Crieff Hills:

Crieff Hills is a Retreat and Conference Centre located on 250 acres of land west of Crieff, Ontario, a small village about 60 km west of Toronto, 25 km north of Hamilton, 15 km east of Kitchener–Waterloo and 15 km south of Guelph.

Crieff Hills Community
7098 Concession 1
R.R. # 2
Puslinch, ON N0B 2J0

www.crieffhills.com

Investment: Canadian \$750

Registration: info@steve-jack.com

20 spaces available



STEVE JACK
MIND · BODY · ENERGY

MBE Leadership Program – Vision Statement

To accelerate the growth and development of the Leaders of today and tomorrow.

MBE Leadership Program – Mission Statement

MBE Leadership's mission is to create accelerated growth opportunities that give people the knowledge and tools to awaken to their divine potential, the support to follow their heart's longing and the courage to make the necessary changes required to create an impact on their lives and in the lives of others.

MBE Identity Map – What does MBE-Leadership believe in?

MBE believes that ONE person can make a massive difference. Never before in the history of time has ONE person had such immense power to be able to create enormous change. MBE-Leadership believes that when people switch on their passion and develop their commercial intelligence, they will naturally evolve into Evolutionary Leaders, the Leaders of tomorrow needed today.



STEVE JACK
MIND · BODY · ENERGY

I have always been fascinated by our amazing bodies and what the limits are of what we can achieve. Through out the years I explored, asked questions which took me deeper and deeper into firstly the physical, then mental, emotional and finally spiritual realms to try and get deeper understanding of how the mind-body-energy triad creates health or disease, success or failure. As i explored this and found teachers to learn from I began noticing shifts not only in my own abilities both as a coach and therapist, but in my ability to communicate complex ideas and move people to forward. It seemed as if when i spoke the words were coming from elsewhere. I also noticed that opportunities began opening up for me as I began stepping more authentically into my personal power. This came as a direct result of clearing my energy field of blocks, and emotional miasms that held me back from certain aspects of life. I learned valuable tools to be able to cope with situations as they arose and began gaining an understanding of how my energy affects others and theirs affected me. As i grew and developed myself I was able to attract into my experience through harmonic induction the events, people, and situations that were needed for my next stage of my personal journey. I began realizing that with seeming less efforts more things were coming into my life that were for my higher good.

This program aims to give you the template for such a journey yourself, the archetype of the Hero's journey, a journey that enables you to move past limiting beliefs, and images you hold of yourself and the world. To give yourself the tools to be able to become all you know you can be in today's world. To then be able to share these tools with others as you tap into your life's passion and live the life you always imagined. Working with Mind-Body-Energy triad is extraordinarily powerful as you deepen your contact with yourself, others and then step into the life you were born to live, and to step into the Evolutionary Leadership Role that is so needed today.

If you feel the calling it would be my honor to share the amazing journey ahead with you.....

Steve Jack



STEVE JACK
MIND · BODY · ENERGY

Profile

Steve Jack is a leading mind, body and energy coach, with a background in Physical Education, Psychology and Energy Healing he is considered an expert in health, well-being and performance. For over 15 years he has been working with clients helping them to achieve break through goals in health, well-being, weight loss, sports performance. He has a mind-body-energy centre in London and consults to a number of health clubs, spa's, and hotels helping them to design innovative well being programs.

He is a regular on the Professionals Conference circuit having presented in over 20 countries around the world. His mind-body-energy lectures are currently changing the way Personal Trainers and Health Professionals think about human potential

He writes regularly for a number of international print and online publications and is the featured presenter on an online video well-being and fitness websites. An accomplished speaker and facilitator Steve has the rare ability to move people in his workshops, and inspires action for those who are ready for change.

www.steve-jack.com



STEVE JACK
MIND · BODY · ENERGY

FAMILY

RELATIONSHIPS

CONSCIOUSNESS

HEALTH

ENGAGEMENT

PASSION

INTEGRITY

CHANGE

DIVERSITY

MASTERY

LOVE

FUN